



Confirmation Program

Confirmation Saint Paper

Due Sunday, November 23rd, 2025

Why do we choose a Confirmation Saint?

The saints are not only our role models to show us that Heaven is possible, but like our sponsors they walk with us on our faith journey, and we can learn a lot from them. The saints were not perfect, they sinned and fell but got back up again and strived to be better. We choose a saint to have someone to look up to, someone we can ask to pray for us on our journey. The Confirmation candidate will take on their saint's name at confirmation, which symbolizes a new beginning with a new name. Often, we see in scripture Jesus gave a new name to someone he was calling to a new purpose or new beginning.

There are so many saints to get to know but use the links below to get to know them and help you choose a Confirmation saint. Remember your Confirmation saint will also be your name for Confirmation.

Sites for information on saints:

<https://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/>

<https://lifeteen.com/blog/find-your-saint/>

The saint paper needs to have:

- Your Name
- The title of your paper should be the name of the Saint you chose
- The paper should be typed in 12-point font, double spaced and long enough to include the below recruitments.



Make sure to address the following in your paper:

1. Give a brief description of your saint's life: What era, vocation, how they responded to God's call, saint's feast day, saint's most admirable traits etc.....
2. Explain why you're choosing this saint?
3. How does your saint model virtue? How can you grow yourself in those virtues?
4. What other qualities do you admire from your saint which you hope to possess one day?
5. How will you nurture your relationship with your saint now that they will be your

Confirmation saint?